

Borrowers Club Update - from the Victim Support Service Resource Centre – September 2017

What's new in self- help and professional resources

To borrow these, visit us at **33 Franklin Street** Adelaide or email librarian@victimsa.org

You can also search the **online catalogue** on the VSS website at <http://www.victimsa.org/get-resources#get-resources>

Ebooks – view and read our free ebooks at <http://vss.wheelers.co/>

The 'Support' section at <https://vss.wheelers.co/help> shows how to download a free program to read the pdf ebooks. No program is needed for the epub ebooks.

Forgot your ebook password? - Email Alison at librarian@victimsa.org

News from Alison (librarian) and Jenny and Julie (volunteers):

The year is passing rapidly – had you noticed!

In this update there are some new resources for parents and carers supporting children after trauma. We also have 2 new resources for professionals supporting Forgotten Australians (former child migrants and survivors of childhood institutional care). These resources have been kindly donated by the Alliance for Forgotten Australians.

We welcome your comments on the Resource Centre and its service! – email librarian@victimsa.org

EBooks - Access **all our eBooks** on your computer or smartphone at <http://vss.wheelers.co/>

Parent and Child Readers

The Boy who Built a Wall Around Himself Redford, Ali. 2016.

Written for children aged 4 to 9, this gentle full-colour picture book uses a simple metaphor to explain how children who have had painful or traumatic experiences can build barriers between themselves and other people. It will help children explore their feelings and encourage communication. **Ct35**

Going to court: an important job: children's activity book. 2016.

http://voc.sa.gov.au/sites/default/files/GoingToCourt_ChildrensBook-2017.pdf

This book answers questions for children about going to court and lets them know that it's okay to be nervous, frightened or confused. The book also includes a section "Supporting children who are going to court" for parents and caregivers. **Wc24**

Joel and the storm : A story for children who have experienced trauma. 2017.

<https://phoenixaustralia.org/wp-content/uploads/2015/03/Phoenix-Child-Brochure.pdf>

This colourful storybook describes the types of feelings and difficulties that a child may experience after a traumatic event. The story tells of Joel, a nine year old boy who experienced a terrifying storm, and how he is later helped by seeing a counsellor. The booklet includes some strategies for children to use to help them feel better and more in control when they get upset. **Ct37**

New Self Help Books

Adopted Dunning Diana , Gregory Sofie, Johnston Rebecca L., Rackham Melinda. 2017.

Four dynamic South Australian writers unearth the ongoing effects of their adoption through poetry and prose. The anthology presents rarely heard, authentic adoptee perspectives on trauma, loss and reclaiming identity. **Ct41**

The colour of time: A longitudinal exploration of the impact of intercountry adoption in Australia. Long, Lynelle. 2017.

The Colour of Time follows the journeys of 13 of the original 27 contributors from The Colour of Difference. Reading about their experiences 15 years on, you will gain a greater understanding of how the adoption journey is navigated over time as adoptees mature and age. The book looks at whether things change, and if so, how? **Ct40**

Domestic Violence Information Booklet : For the east. 2016.

This booklet describes domestic violence and contains useful information, phone numbers and websites for someone who needs to know where to go. **Dv107**

The Simple Guide to Child Trauma : What it is and how to help. de Thierry, Betsy. 2017.

Providing straightforward answers to these complex questions, The Simple Guide to Child Trauma is the perfect starting point for any adult caring for or working with a child who has experienced trauma. It will help them to understand more about a child's emotional and behavioural responses following trauma and provides welcome strategies to aid recovery. Reassuring advice will also rejuvenate adults' abilities to face the challenges of supporting children. **Ct36**

Self Help Online Links

eSafety: The what it is, how to deal with it and where to go for help for all online issues facing youth today. 2008.

<https://www.esafety.gov.au/esafety-information/esafety-issues>

Safety tips for young people who use the Internet and mobile phones. **Online Cp05**

Helping my children after Trauma : A Guide for Parents. 2017.

<http://phoenixaustralia.org/wp-content/uploads/2015/03/Phoenix-Parents-Guide.pdf>

This booklet is designed for parents, carers and others who help children and young people who have experienced trauma. It includes: What is a traumatic event? / Common problems / What is PTSD? / Treatment for PTSD / How do I get help for my child? / Strategies to help my child relax and feel more in control. **Ct38**

'I need help with...' Office for Women, 2017.

This webpage provides links to information for South Australian women. The links are grouped into 19 subject areas including finance, health and legal information, assistance with online privacy, and protecting personal information. Women seeking further information are encouraged to contact the Women's Information Service directly. **Online Wo02**

The Line 2017.

<http://www.theline.org.au/>

The Line is a primary prevention behaviour change campaign for young people aged 12 to 20 years. The Line encourages healthy and respectful relationships by challenging and changing attitudes and behaviours that support sexual and domestic violence. **Online Dv11**

National Cannabis Prevention and Information Centre : Marijuana facts. 2017.

<https://cannabissupport.com.au/cannabis-you/weed-101/what-is-marijuana-marijuana-facts-ncpic/>

Fact sheets on the use of cannabis (marijuana, hashish and hash oil) in Australia, the effects that cannabis has on the body and what treatment is available for drug users. **Online Dr04**

Online Safety 2017.

<http://www.australia.gov.au/information-and-services/public-safety-and-law/online-safety>

This government website provides information and advice to help keep children, families and businesses safe online. It also links to several other useful cybersafety websites. **Online Sd04**

Protecting and recovering your identity 2017.

<https://www.ag.gov.au/RightsAndProtections/IdentitySecurity/Pages/Protectingyouridentity.aspx>

This website created by the Attorney-General's Department has a range of resources to assist individuals to protect their identity and to recover from the effects of identity crime. The Protecting your identity pamphlet is available in English, Arabic, Chinese, Hindi, Greek, Italian, Korean, Spanish, Tagalog and Vietnamese. **Online Pv38**

***Recovery after Trauma : A guide for people with Posttraumatic Stress Disorder.* 2017.**

<http://phoenixaustralia.org/wp-content/uploads/2015/03/Phoenix-Adults-Guide.pdf>

This booklet includes: Do I have posttraumatic stress disorder? / Getting help / What can I ask my counsellor? / What can I do as a family member? / FAQs / Finding more information. **Tr131**

***Safety and Security* State of Victoria. 2017.**

<https://www.seniorsonline.vic.gov.au/emag/safety-security>

Essential information for older people on how to avoid becoming a victim of cyber (internet) crime. This web-site gives you advice about computer security, identity crime, social networking, online fraud and romance scams. **Online Sd08**

What the? : Trauma, stress & teenagers Understanding Posttraumatic stress disorder.

2017. <http://phoenixaustralia.org/wp-content/uploads/2015/03/Phoenix-Teenager-Brochure.pdf>

This informative booklet is designed specifically to help young people understand PTSD. It includes: What is a traumatic event? / Normal reactions following trauma / What is PTSD? / Getting help / Strategies to help relax and feel more in control. **Ct39**

New Books for Professionals

***Communicate with me* 2001.**

A training package aimed at promoting positive communication experiences between people with little or no speech and communication partners. The kit includes a booklet and DVD. **DVD Sw02**

***Understanding Crime Prevention : The Case study approach.* 2017.**

Crime prevention benefits everyone, including would-be criminals saved from the negative consequences of offending. Yet much of today's policy on preventing crime is driven by political ideology and anecdotal evidence, with insufficient planning and evaluation. Improving the practice of crime prevention is vital to ensure communities are safe and productive for all who live in them. However, crime is complex, the causes of crime are complex and, consequently, diverse methods are required to make the very large reductions in offending urgently needed around the world. **Pv86**

Professional Online Links

***Aboriginal and Torres Strait Islander children and child sexual abuse in institutional contexts: Report for the Royal Commission into Institutional Responses to Child Sexual Abuse.* Anderson, Patricia; Chan, Sharni. 2017.**

<https://www.childabuseroyalcommission.gov.au/getattachment/0da4f253-3442-40d5-b5db-7c31aae80fd9/Aboriginal-and-Torres-Strait-Islander-children-and>

The Royal Commission into Institutional Responses to Child Sexual Abuse was tasked with investigating where systems have failed to protect children, and make recommendations on how to improve laws, policies and practices to prevent and better respond to child abuse in institutions. **In22**

Australian Crime and Justice Statistics 2017.

<http://www.abs.gov.au/Crime-and-Justice>

Various statistical reports relating to Australian Crime and Justice topics. **Online Stats CyAuSt**

***Caring for Forgotten Australians, former child migrants and stolen generations : an information package for aged care services.* Harrison, Eris Jane. 2016.**

<https://agedcare.health.gov.au/support-services/people-from-diverse-backgrounds/care-leavers-resources>

This Information Package shows how early life experiences can affect older people receiving care. It will help care providers respond to their needs.

The Package resources include:

an information booklet covering issues plus aged care requirements of Forgotten Australians,

Former Child Migrants, and the Stolen Generations; a training facilitator guide including case studies on care issues which can be used to facilitate group discussions and information sessions with carers; a PowerPoint Presentation for information and training sessions; and a DVD. *Aboriginal and Torres Strait Islander people are warned that the Package's resources may contain images and voices of deceased persons.* **In27**

Criminal Justice Report : Executive Summary and Parts I-II. 2017.

<http://www.childabuseroyalcommission.gov.au/getattachment/6125e43a-ccc3-4eb4-916c-16e342029d07/Executive-Summary-and-Parts-I-and-II>

The Royal Commission into Institutional Responses to Child Sexual Abuse has released 85 recommendations aimed at reforming the Australian criminal justice system in order to provide a fairer response to victims of institutional child sexual abuse. **In23**

Criminal Justice Report : Parts III-VI. 2017.

<http://www.childabuseroyalcommission.gov.au/getattachment/102fce22-39fd-49a3-ba56-e38813e20636/Parts-III-to-VI> **In24**

Criminal Justice Report : Parts VII - X and Appendices. 2017.

<http://www.childabuseroyalcommission.gov.au/getattachment/5aa69c2c-dc9e-46b0-9c81-747aba4fce8e/Parts-VII-to-X-and-appendices> **In25**

Families with complex needs and the intersection of the family law and child protection systems : final report June 2016: terms 3,4 and 5. 2016. [213 pages]

<https://www.ag.gov.au/FamiliesAndMarriage/FamilyLawCouncil/Documents/Family-with-Complex-Needs-Intersection-of-Family-Law-and-Child-Protection-Systems-Final-Report-Terms-3-4-5.PDF>

This is the final report to the Attorney-General on the issue of families with complex needs and the family law and child protection systems. It concentrates on opportunities to enhance collaboration and information-sharing within the family law system as well as other support services and agencies. **Online Cp58**

Forgotten Australians : supporting survivors of childhood institutional care in Australia.

Harrison, Eris Jane. 5th edition. 2016.

http://forgottenaustralians.org.au/assets/docs/Booklet/AFA_Booklet.pdf

This booklet has been published by the Alliance for Forgotten Australians (AFA) as a document to support service providers. It aims to give health and other professionals the background information they need to recognise, relate to and assist people who are experiencing long term trauma because of a childhood spent in orphanages or Homes - the Forgotten Australians. **In26**

National Criminal Law Committee 2017.

<https://www.lawcouncil.asn.au/about-us/advisory-committees/national-criminal-law-committee>

The National Criminal Law Reform Committee advises the Standing Council on Law and Justice on standardising criminal law across Australia. Legislation requiring change includes laws on cybercrime, forensics, criminal appeals, sports fraud, genetics, organised crime, restorative justice and victims of crime **Online NCLC**

Recorded Crime - Victims, Australia, 2016 2016.

<http://www.abs.gov.au/ausstats/abs@.nsf/mf/4510.0>

National statistics about victims of crime during the calendar year, 2016. A key finding is that "between 2015 and 2016, the number of victims recorded nationally increased across each of the selected offence categories, for the first time since the current time series began in 2010".

Online Stats VyAu.16

**Our Crime Victim e-news alert will be emailed again next month.
It brings you links to up-to-date reports & research on crime & justice issues.
If you would like to receive it, email: e-news@victimsa.org**

See the latest edition: <http://www.victimsa.org/crime-victim-e-news-august-september-2017>